

## What our children say...

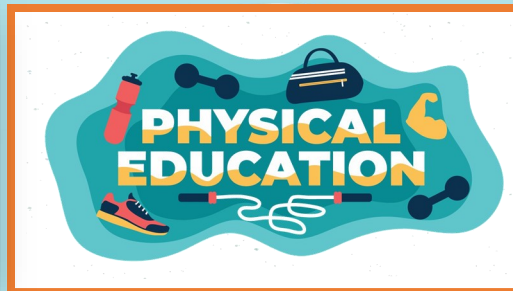
When asked how they feel about PE, pupils tell us that they enjoy PE. From their responses, we look to see how we can continue to further enhance the planning and delivery of physical education in our school. Below are some of the comments from our pupil voice.

"I like PE as we get to play with our friends. Age 4

"I like to roll the ball and kick it." Age 5

"PE is good because we get to learn lots of skills. Age 7.

"I quite like it when we play in teams in PE because we learn how to be better from each other. Age 10.



## What PE looks like at Shotley Bridge

At Shotley Bridge, all pupils participate in a minimum of 2 hours of PE each week. Children are also encouraged and provided with the opportunities to be as active as possible at playtimes through the facilities and equipment we have to offer.

Our PE lessons are planned using the *Get Set 4 PE* platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. *Get Set 4 PE* is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

We strive to enthuse our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. PE sessions take place either in the school hall, playground or on our large school field. Children experience high quality coaching through our school staff and PE coaches. Children show pride in wearing their PE kit and display an excellent level of teamwork and sportsmanship.

## Examples of Learning at Shotley Bridge

At Shotley Bridge, the children showcase their vast talents during their PE sessions to their peers. Children have the option to progress their skills further by attending one of our high quality after school clubs. Throughout the year, all children can represent school through a wide array of sports and competitions. These inter-school games allow for children to develop their sportsmanship, respect and teamwork. We also offer our children the chance to participate in intra-school events against each other.

Our regular participation in competitions, wide range of after school clubs on offer and focus on ensuring PE is accessible for all, has enabled us to consistently achieve gold in the School Games Mark.

## Why is PE important?

As our school knows the importance of an active lifestyle, we aim to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being.

We have strong links with local clubs and partnerships within our community to ensure the children and families receive the support and knowledge they need.

