



Physical Education at Shotley Bridge Primary School



At Shotley Bridge Primary School we are...

Independent	Courageous	Kind	Inclusive	Honest	Conscientious
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OBJ

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	Introduction to PE 1		Gymnastics 1		Gymnastics 2		Dance 2		Games 1		Games 2	
	Fundamentals to PE 1		Dance		Large Apparatus		Ball Skills 1		Fundamentals to PE 2		Ball Skills 2	
Year 1	Fundamentals		Dance		Invasion Games		Target Games		Net & Wall		Athletics	
	Team Building		Fitness		Gymnastics		Yoga		Sending & Receiving		Striking & Fielding	
Year 2	Fundamentals		Invasion Games		Dance		Gymnastics		Net & Wall		Athletics	
	Fitness		Team Building		Ball skills		Sending & Receiving		Yoga		Striking & Fielding	
Year 3	Fundamentals		Dance		Handball		Tag Rugby		Rounders		Tennis	
	Football		Basketball		Fitness		Gymnastics		Athletics		OAA	
Year 4	Dance		Dodgeball		Yoga		Gymnastics		Cricket		Tennis	
	Ball Skills		Hockey		Netball		Throwing & Striking		Athletics		Golf	
Year 5	Gymnastics	Swimming	Gymnastics	Swimming	Dance	Swimming	Dance	Swimming	Tag Rugby		Rounders	
	Football	Swimming	Football	Swimming	Basketball	Swimming	Basketball	Swimming	Athletics		Tennis	
Year 6	Fitness		Dance		Badminton		Gymnastics		Volleyball	Swimming	Cricket	Swimming
	Netball		OAA		Hockey		Athletics		Golf	Swimming	Tennis	Swimming

Key													
	Net/Wall Games					Fundamentals/Multi-Skills					Striking and Fielding Games		
	Athletics					Dance					Gymnastics		
	Swimming					Outdoor Adventurous Activities					Invasion Games		
	Individual Development												