



PSHE at Shotley Bridge Primary School



At Shotley Bridge Primary School we are...

Independent

Courageous

Kind

Inclusive

Honest

Conscientious

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|---|--|-------------------------------------|---|--|--|
| Reception | Each PSHE theme may be taught at different times throughout the year depending on the needs of the children. We will also teach PSHE lessons which are not recorded here in order to meet the needs of the children. | | | | | |
| Year 1 | What is the same and different about us? | Who is special to us? | Who helps to keep us safe? | How can we look after each other and the world? | What can we do with money? | What helps us stay healthy? |
| Year 2 | What makes a good friend? | What is bullying? | How do we recognise our feelings? | What helps us to stay safe? | What jobs do people do? | What can help us grow and stay healthy? |
| Year 3 | How can we be a good friend? | What keeps us safe? | What are families like? | What makes a community? | Why should we keep active and sleep well? | Why should we eat well and look after our teeth? |
| Year 4 | What strengths, skills and interests do we have? | How do we treat each other with respect? | How can we manage our feelings? | How can friends communicate safely? | How can our choices make a difference to others and the environment? | How can we manage risk in different places? |
| Year 5 | How can we help in an accident or emergency? | What decisions can people make with money? | What makes up our identity? | How will we grow and change? | How can drugs which are common to everyday life affect health? | What jobs would we like? |
| Year 6 | How can we keep healthy as we grow? | | How can the media influence people? | | What will change as we become more independent? | How do friendships change as we grow? |

Key

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|--|---|--|---------------------------|
| | Caring Classmates and Independent Individuals | | Health and Wellbeing |
| | Relationships | | Living in the Wider World |